



# ROMBLON STATE UNIVERSITY

## BIDS AND AWARDS COMMITTEE

Community Outreach Center, RSU-Main Campus, Liwanag, Odiangan, Romblon 5505  
Telephone: (042) 567-5952  
Email: bac@rsu.edu.ph  
Website: rsu.edu.ph



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### ITINERARY

(WEDNESDAY)	9:00 AM	Departure from Magdiwang, Ambulong Port
Day 1 (THURSDAY)	3:00 AM	Pick-up @ Lucena Port Proceed to Baguio
	6:00-7:00 AM	BREAKFAST
	10:00 AM	Estimated time of arrival at hotel in Baguio City
	10:00 AM-12:00 PM	RESTAURANT TOUR/Workshop at 5 star hotel in Baguio City  Location: Country Club Rd, Camp John Hay, Baguio Benguet  Bar Tour Bar Tour, Bartending Show (Bartending and Flaring) Demonstration drink mixing (Alcoholic and Non-Alcoholic)  (BAR TOUR/WORKSHOP Topic: MIXING TECHNIQUE Description: Provide knowledge of beverages both cocktails and mocktails with emphasis on the making process and consuming period, Provide knowledge of bar management including making lists, cost control, and legalities.  Speakers ; Professional bartenders in Philippines, can execute bartending and flairtending .  Workshop: HM students/ participants will be given a task to make a best seller drinks under cocktails and mocktails of a bar.
	12:00PM-1:00 PM	LUNCH inside the hotel
	01:00-5:00PM	Ocular and Familiarization on Hotel operations Ocular and familiarization tour (rooms, facilities and amenities inside 5- star hotel) and experience a Fountain Show  Five-star luxury with its many distinct innovations that combine advanced technology, top-class amenities, environment friendly architectural planning, and a world- class entertainment options, all delivered kind of exemplary service that personifies the unique blend of Americans hospitality and classic Filipino warmth.
	5:00-6:00PM	Dinner inside the hotel



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	7:30 PM	Check-in at 4-star hotel Legarda Rd, Baguio City, 8-minute walk from sprawling park, 2 km from both Baguio Cathedral and the Baguio bus terminal
		Rest/Own Leisure/Overnight
Day 2 (FRIDAY)	6:00 AM	Wake-up call
	6:00 AM-7:30 AM	Breakfast at Hotel
	8:00 AM - 12:00 NN	Front Office Operations Topic: Front Office Operations
		Speakers: Associate Front Officer in hotel members of Front office personnel in the Philippines
	12:00 NN	LUNCH at Hotel
	01:00 PM-5:00 PM	Hands-on/ Workshop -Front Office Operations/F.O. System Software (confirming guest reservations, bookings, cancellations, and Guest Folios.
	5:00 PM – 8:00 PM	Dinner at Restaurant
	8:00 PM-09:30 PM	Back to hotel
		Rest/Own Leisure/Overnight
Day 3 (SATURDAY)	5:00 AM	Wake-up call
	06:00 AM	BREAKFAST at Restaurant
	07:00 AM-09:30 AM	Travel time to one of the State University in Benguet (Visit the Extension program and IGP of the University, well known on-campus bakery in the town)
	09:30-11:00AM	Hands-on activity inside the bakery of the university Bestsellers: Banana Bread and Carrot Cake
	12:00 PM-01:30 PM	Lunch on Restaurant
	01:30 PM - 05:00 PM	Visit the Strawberry Farm Actual experience / picking of strawberry Visit the famous tourist destinations in Baguio Rest/Own Leisure/Overnight
Day 4 (SUNDAY)	6:00 AM	Wake-up call and preparation for breakfast BREAKFAST AT HOTEL
	7:00 AM	Travel time to Batangas



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	12:00PM	Estimated time of arrival/Lunch at Batangas
	4:00 PM	Departure time from Batangas
	05:00 PM	Dinner on board
(MONDAY)	6:00 AM	Estimated time of Arrival on each residence

### END OF TOUR

### MEAL SETS

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Lunch</b>	Bento Box with 4 separators	Steamed Rice	1 Bento Box/ pax
	Meat	For Fish: Steamed Fish with dressings For Pork: Pork Steak	
	Vegetable	Chopsuey	
	Dessert	Mixed mint candies	3
	Drinks	Soda 355 ml	1 bot./pax
<b>Snacks</b>	Packed	Tuna Sandwich	1 packed/pax
	Drink	Bottled Orange juice 355 ml	1 bot./pax
<b>Dinner</b>	Bento Box with 4 separators	Steamed Rice	1 bento box/pax
	Rice		
	Meat	Chicken and Pork Adobo	
	Vegetable	Stir fry mixed vegetables	1
	Dessert	Egg Tart	1
	Drinks	Soda 355 ml	bot./participant

### DAY 1

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Breakfast</b>	American Breakfast	Sausages, Omelet, Toasted and Non-Toasted bread, marmalade	Eat all you can
		Hot and Cold Beverages (Coffee, tea, and soda)	Overflowing hot and cold beverages
<b>Snacks</b>	Heavy snacks	Carbonara and Hot and cold beverages	Buffet
		(Coffee, tea and soda)	Overflowing hot and cold beverages
<b>Lunch</b>	Buffet	Fried Rice; Steamed Rice	Eat all you can
		Meat	
		For Fish: Fish Fillet For Pork: Pork Chop, pork Stew For Beef: Beef Steak	
	Vegetable	Chopsuey, mixed vegetable salad with Ceasar Salad	
	Dessert	Petite Four	
	Drinks	Overflowing hot and cold beverages	
<b>Snacks</b>	Plated	Spaghetti with chicken and Pork Meatballs	1



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		Overflowing Hot and cold beverages	Unlimited drinks
<b>Dinner</b>	Rice Soup Meat  Vegetable Dessert Drinks	Fried Rice; Steamed Rice El Nido Soup Salmon, Roasted Chicken Pork Chop Beef Stew, etc. Stir fry Mixed vegetables Brownies/Muffins Overflowing of hot and cold beverages	Buffet/ Eat all you can

### DAY 2

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Breakfast</b>	American Breakfast	Corned beef, bacon, poached eggs Toasted and Non-Toasted breads, marmalade/butter Hot and Cold Beverages (Coffee, tea, and soda)	Eat all you can Overflowing hot and cold beverages
<b>Snacks</b>	Heavy snacks	Ossobuco and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
<b>Lunch</b>	Buffet Meat  Vegetable Dessert Drinks	Fried Rice; Steamed Rice For Fish: Orange Salmon with Coriander For Pork: Cherry Cola Ribs For Beef: Beef Stew Fresh mixed vegetable salad with Caesar Salad Fruit Salad Overflowing hot and cold beverages	Eat all you can
<b>Snacks</b>	Plated	Creamy spinach pasta Overflowing Hot and cold beverages	1 Unlimited drinks
<b>Dinner</b>	Rice Soup Meat  Vegetable Dessert Drinks	Fried Rice; Steamed Rice Asparagus Soup Salmon, Roasted Chicken Pork Chop Beef Stew, etc. Chinese stir fry vegetables Mango Tapioca Overflowing hot and cold beverages	Buffet/ Eat all you can

### DAY 3

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Breakfast</b>	Filipino Breakfast	Fried/ Steamed Rice Fried Eggplants, Scrambled Eggs, and Tocino, (Coffee, tea, and soda)	Eat all you can Overflowing hot and cold beverages
<b>Snacks</b>	Heavy snacks	Ossobuco and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
<b>Lunch</b>	Buffet (Foods in Baguio) Soup	Steamed Rice  Strawberry Sinigang	Buffet/ Eat all you can



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	Meat	For Fish: Sweet Sour Fish Fillet For Chicken: Hainanese Chicken For Pork: Kiniang and Etag ( Dried Pork)	
	Dessert	Ube Jam	
	Drinks	Overflowing hot and cold beverages	
<b>Snacks</b>	Plated	Carrot and Banana Cake Overflowing Hot and cold beverages	2 Unlimited drinks
<b>Dinner</b>	Rice	Fried Rice; Steamed Rice	Buffet/
	Soup	Braised Crown- Shaped Superior Soup	Eat all you can
	Meat	Honey Roasted Barbecued Pork Steamed Xiao Long Bao	
	Vegetable	Vegetable mushroom in crispy Taro Ring	
	Dessert	Chilled Almond Bean curd with	
	Drinks	Lychee Overflowing hot and cold beverages	

### DAY 4

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Breakfast</b>	Filipino Breakfast	Fried/ Steamed Rice Meatloaf, Chorizos, And Fried Dried Fish (Coffee, tea, and soda)	Eat all you can Overflowing hot and cold beverages
<b>Snacks</b>	Heavy snacks	Ossobuco and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
<b>Lunch</b>	Buffet	Fried/Steamed Rice	Eat all you can/drink all you can
	Soup	Mushroom Soup	
	Meat	For Fish: Marinated diced Salmon and Tuna For Chicken: Chicken Pad Thai	
	Vegetable	Steamed Prawn Gyoza	
	Dessert	Mochi	
	Drinks	Strawberry cold drink	
<b>Snacks</b>	Packed	Cheese Burger with French fries Soda 355 ml	2 1 bot./pax
<b>Dinner</b>	Bento box with separator	Steamed Rice	1 bento/pax
	Meat	Grilled fish and Roasted Chicken	
	Dessert	Sponge cake	
	Drinks	Soda 355 ml	

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Light snacks</b>	Packed Drinks	Hamburger Soda 355 ml	1/pax